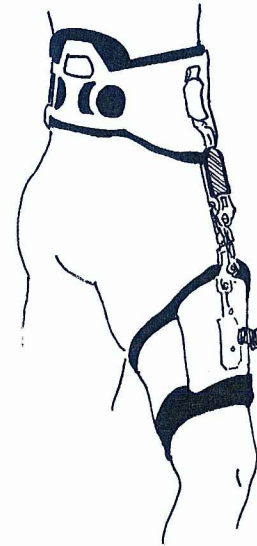


## Hip Orthoses

You have been fit with a Hip Orthosis. Following use, remove your orthosis and inspect your skin. There may be some skin redness from pressure areas. Redness should not persist for more than 15 minutes after removal. Redness that does not disappear can be a sign of excess pressure. Discontinue use, also, if any sign of numbness, tingling, color change, excessive itching, swelling or pain develops. Please contact our office for adjustments and do not reapply orthosis. Failure to do so could lead to blisters or open sores.



The orthosis is designed to support your hip and limit the motion of your leg to prevent injury. You should wear this 24 hours each day unless otherwise instructed by your doctor. Washing of the orthosis should be done only with your doctor's authorization. If it is approved, your hip must be immobilized during the procedure. Remove the orthosis. Your orthosis or lining can be cleaned with a wash cloth and mild soapy water. Make certain all soap residue is removed and the orthosis is completely dry before re-applying. Make certain the orthosis is reapplied properly, with all straps secured snugly.

Make sure you are comfortable with how to properly put on and take off your orthosis. Never attempt to modify your orthosis yourself.

Please inspect your orthosis daily for any signs of wear including cracking, loose parts, or decreased effectiveness of the device and call our office as needed. A yearly check up is recommended.

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_